

OUT OF HIBERNATION 5K

Masonic members, dressed in colonial garb, will fire a colonial cannon to start the race!

Computerized timing services provided by Granite State Race Services. Results will be posted online.

Every mile is marked and water tables will be set up on the race route.

The race will begin and end on Miller Ave in the vicinity of St. John's Masonic Lodge.



Free parking is available directly across the street from the Masonic building.

For race details, visit:
[www.whatismasonry.com/
outofhibernation.htm](http://www.whatismasonry.com/outofhibernation.htm)

For race details, visit
www.whatismasonry.com

OUT OF HIBERNATION 5K

St. John's Lodge, No. 1, F&AM
351 Middle St
Portsmouth NH 03801

OUT OF HIBERNATION 5K



**Saturday
April 26th, 2008
9:00 AM Start**

**St. John's Masonic Temple
Corner of Middle St & Miller Ave**

Portsmouth, NH

**All proceeds to benefit
Seacoast Hospice**

Non-Profit Org.
U.S. Postage Paid
Portsmouth, NH
Permit No. 7

Registration Fee: \$19

Race Date: Saturday, April 26th, 2008 9:00AM

Registration at St. John's Masonic Lodge

Pre-Race: Friday, April 25th 5:00—8:00 PM

Race Day: Begins at 7:30 AM

Race Location: Masonic Temple

351 Middle St, Portsmouth, NH

Race Distance: 5K

Timing by Granite State Race Services

Free Short-Sleeve T-Shirt: The first 150 registered runners will receive a 100% cotton, short-sleeve t-shirt with the "Out of Hibernation" 5K logo on the front.

Awards: For the following age brackets (M/F)

Overall Winners

Youth (12 and under)

Junior (13-18)

Steward Class (19-29)

Deacon Class (30-39)

Warden Class (40-49)

Master Class (50-59)

Grand Master Class (60-69)

Grand High Exalted Mystic Ruler (70 +)

Free Food: All volunteers and participants are welcome to free refreshments inside the Masonic Temple auditorium.

Door Prizes: Door prizes will be awarded in the auditorium after the race. All runners still in attendance are eligible to win.

Grand Prize—2 tickets to the Red Sox!

Other prizes include sports prizes, restaurant gift cards, etc.

Benefit: All proceeds will benefit Seacoast Hospice (www.seacoasthospice.org)

OUT OF HIBERNATION 5K

Registration Form

Mailing Address:

Out of Hibernation 5K

351 Middle St

Portsmouth, NH 03801-5009

603-433-2274

Make checks payable to:

St John's Lodge

All proceeds to benefit Seacoast Hospice

(www.seacoasthospice.org)

Last Name: _____

First Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Home Phone: _____

Email: _____

Age on Race Day: _____

Gender: (M / F)

Shirt Size: S M L XL

Waiver and Release of Liability (** *must be read and signed*)

Participation in the Out of Hibernation 5K Road Race may involve risk of injury, including but not limited to sprains, torn muscles, cramps and heat exhaustion. As a participant, by signing this form, I attest and verify that I have full knowledge of the risks involved and that I am physically fit to participate.

I hereby, for myself, my heirs, executors and administrators, waive and release all rights and claims against St. John's Masonic Lodge, for any and all liability in case of death or injury during participation in this race.

Signature: _____ **Date:** _____

Online registration no later than April 16th, 2008